MAYVILLE STATE UNIVERSITY

Anatomy and Physiology II, BIOL 221 (online)

3 Credits

Fall 2018

Before starting this online course, students need to check with their current and future programs to determine if this course will be accepted for credit in their programs

Instructor Name and Contact Information: Joseph Mehus, SB 134, joseph.mehus@mayvillestate.edu, 701.788.4802 Hours of Availability: MWF 11am-Noon CST Instruction Mode: Online asynchronous Time Zone: All times indicated throughout this syllabus reflect Central Standard Time (CST)

Course Description

Three lecture hours per week. The study of anatomy and physiology of the human body will be studied as an integrated topic. This is the second course of a two course sequence. Topics which will be covered include the nervous, endocrine, digestive/metabolism, urinary, and reproductive systems. Elements of development and growth, and of human genetics will also be considered.

Purpose of the Course

This course has been developed to lead students through the entirety of the nervous system to include both central and peripheral nervous systems. Hormone cascades will be discussed within the endocrine system. Digestive organs, hormones and gastric juice components will be discussed at length in addition to the accessory organs associated with digestion of food products. Time will be spent discussing kidney structure, ureters, and bladder associated with the urinary system leading to both male and female reproductive structures and functions. The course will finish with fetal development and light discussion of genetics. There are various versions of the textbook being used by students. It is the responsibility of the student to determine which chapter content is being drawn from (example the chapter on the digestive system will depend on which version of the text is being used.)

Course Objectives and intent of the course are that successful students will:

- Understand the organization and functioning of the nervous system
- Be able to explain the processes of the special senses
- Understand the organization and functioning of the endocrine organs, including the functions of major hormones.
- Understand the organization and function of the digestive system, including the roles of different nutrients.
- Understand the organization and functioning of the excretory system, especially the function of the kidney in producing urine.
- •Understand the organization and functioning of both the male and female reproductive system, including the processes of ovulation, menstruation, childbirth, and lactation.

Program Student Learning Outcomes (SLOs) Addressed in This Course

The Academic Program Student Learning Outcomes document can be found in your Blackboard course shell. It contains all learning outcomes pertaining to Essential Studies courses and all majors and minors. The document has an index so you can quickly find the degree you are pursuing.

As part of Mayville State University's Essential Studies curriculum, this course seeks to prepare students for twenty-first century challenges by gaining: 1) Knowledge of human cultures; 2) Intellectual and practical skills; 3) Personal and social responsibility; 4) Integrative and applied learning.

During previous offerings of this course, students have done well. Even though students have met expectations in the course, I will be spending more time explaining diagrams that are pertinent to the education of students. I would prefer to see structure identification and function scores to be higher. In addition, oral communication skills of students were assessed for content knowledge, vocabulary, presentation skills and preparation. Students exceled in oral communication as long as they took the time to use their own words to explain terminology.

Required/Recommended Materials

Visual Anatomy and Physiology 3rd ed. Martini & Ober, Pearson Publishing, Printer, Webcam, 24/7 internet access, computer that meets the university standards (Mac users <u>may</u> have issues, this is a PC campus), and Microsoft Office (Mac programs such as Pages cannot be opened by instructor), MS Office is required and a free copy can be downloaded through the MSU Technology website <u>http://www.mayvillestate.edu/msu-online/msu-online/getting-started</u>). Students may be using alternative versions of the text, and this is ok, but just keep in mind that if page numbers are referenced, they may be different. The content is the same in all versions of the text, students just need to locate the material in the text pertinent to the chapter/context discussed. The textbook for this course as well as lab kits for this course must be purchased from the MSU Bookstore online (<u>http://www.mayvillestatebookstore.com/home</u>), and in hand by the first day of the course. Not having course materials is NOT an acceptable reason for not completing the assignments and no credit will be awarded.

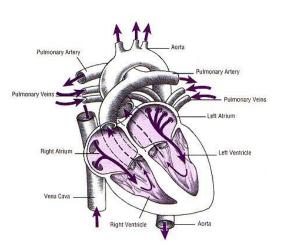
Instructional Strategies

We will use the following methods to assist you in your learning anatomy and physiology. (INTASC 1, 2, 3, 4, 8)

- Direct instruction
- Indirect instruction
- Interactive instruction
- Experimental learning
- Guided and independent study
- Cooperative learning activities
- Class Discussions
- Chapter Exams
- Application
- Inquiry approach
- Simulations
- Questioning skills
- Case Studies
- Instructional strategies

Learning Experiences

- All work in this course is to be completed by the individual student. No group/partnered work is accepted. Study guides, activity assignments, quizzes, and exams are all independent works.
- Read all chapters prior to watching lecture videos, including chapters as noted, research articles, etc.
- Activity assignments will be given in through Blackboard.
- Quizzes in Blackboard are required to be completed on or before designated due dates.



- There will be 5 exams during this course. Exam 1 will cover chapters 11-12, exam 2 will cover chapters 13-14, exam 3 will cover chapters 15-16, exam 4 will cover chapters 21-23 and exam 5 will cover chapters 25-26. Exam 5 may also contain information from previous chapters, thus being semi-cumulative.
- PowerPoint lectures have been composed from the textbook that you can use to help you through the reading. These lectures will allow you to focus on main points in the chapters.
- There will be video lectures as well that are recordings of me giving the lectures during the course. These videos will help students who want to cover the material but are audio/visual learners. You are <u>required</u> to utilize the lectures and the video lectures. They will help when you are filling out the bonus study guides.
- Activity assignments will be found within each unit. Each chapter has 2 activities, and those activities vary in the number of points within each. Activities must be completed when they are opened. Activities must be completed AND submitted by their due dates. Activities may take some time to complete, so do not try complete the activities, quizzes (exams), and study guides all in the same day.
- Study guides are bonus assignments. Study guides must be completed and submitted to the appropriate plagiarism checked, Blackboard "Drop boxes." Study guides are due at the same date/time as the activities and quizzes for each chapter. NO STUDY GUIDES WILL BE ACCEPTED AFTER THE DUE DATE. Student requests at the end of the semester (or any time after the due date) to submit late/missing study guides to try improve their grade last minute will not be addressed. Study guides that show over 70% similarity will NOT get any credit as responses to topics need to be put into the students own words. Because these bonus study guides provide points in the course, any submitted study guide that is found to be plagiarized may be reported to the university through Starfish and disciplinary action may be taken.
- We will utilize the Blackboard website (<u>http://blackboard.ndus.edu/</u>) to distribute Powerpoint slides, study guides, activity assignments, and other materials. It will also be used to administer quizzes in addition to exams. All assignments will be submitted through Blackboard. Emailed study guides/activities will not be accepted unless requested by the instructor.
- It is important for you to check your grades in Blackboard. If you find that the instructor has made a mistake while entering your grade, you have one week to bring it to the attention of the instructor. After a ONE WEEK PERIOD, grades will be locked in Blackboard.
- Please refrain from requesting extensions as they will not be granted unless documentation is sent in the first email requesting an extension. Please note this before starting the course and refrain from leaving negative feedback in you miss a deadline and are not granted an extension. Please do not feel disrespected if your request does not receive a reply, by continuing in the course, you accept this rule. This is your formal notification about requests for extensions.

Instructional Technologies Utilized in this Course

- Blackboard
- Tegrity

Expectations/Protocols

Activity Assignments: Activity assignments are required assignments that are in place to help students retain and absorb content information. Each student needs to complete their own activities by themselves, no group/partner work is accepted. Each activity will vary in terms of what needs to be done to complete the assignment. Some activities focus on vocabulary, others may focus on concept maps or even structure/function identification. Each assignment will have varying numbers of points based upon depth of the activity. For these activities, students may use their book or (when addressed) online resources. Students should strive to complete all of these activities before the due dates. After the due dates, the activities will disappear from Blackboard and access will be terminated. NO late work is accepted.

Bonus Study Guides: Study guides should be completed after you have read the chapter. What I'd like from each of you is to fill out the study guide and submit them for credit. Each study guide will be worth up to 5 bonus points. Explain to me what each section means. When the study guide says "Understand..." or "Explain..." you are expected to describe that concept in full, complete sentences. Unless specifically asked to list something, you should not list anything. I am not looking for a 10 page paper, only the basics from the chapter for each idea on the study guide. Tell me what you have read from the textbook (of course in your own words). I have read the textbook, so I want you to let me know you comprehend the material. Each student is REQUIRED to produce their own study guides (making sure to use the template provided). No study guides should be the exact same from any other student in the course as this would be plagiarism. Plagiarism will result in a zero score. Any content found to be copied from the internet, textbook, or another student is also plagiarism. EVERYTHING IN YOUR OWN WORDS. You paid for the information in the text, you did not pay to take those words as your own. Partial credit for incomplete study guides may be given at the discretion of the instructor. Study guides contain a large amount of test information/ideas/concepts. It is at the student's discretion if they want to take the time to complete them. Study guides need to be submitted by the deadline. Dropboxes for study guides will be removed after the due date. NO late work is accepted.

Quizzes: Each quiz (one for each chapter) will be posted and available for you in Blackboard when released by the instructor at their discretion (online: these are available as you finish content). You should fill out the 5 question quiz after you have filled out the study guide for each chapter. Quizzes are worth 5 points each. The questions on each of these quizzes are from the content in the chapter specified and lecture videos. You may use your books to fill out these quizzes. They are NOT timed so take your time to look up the answers. Quizzes not completed by the deadline given in the classroom or schedule will not be reopened.

Exams: Exams will be open to each of you as you complete and submit both the activity assignments for each chapter and each of the quizzes from the unit. You CANNOT take the exam before submitting each of these components for each chapter. So you will need to submit study guides and quizzes for chapters 1 & 2 before the exam for unit one will open for you. You can take exams early if you have submitted the previous items. Exams will be administered online. You HAVE to use the Tegrity tool during the exam which will require you to use a webcam. You will have to show a photo ID to the camera that shows your image as well as your name at the beginning of the exam as proof of identity. Please see the Tegrity file for exam instructions.**Instructor/Student Communication**

- Students are accountable for all academic communications sent to their Mayville State University e-mail address. Students should not use outside email. Instructor is not responsible for emails not received (by instructor themselves or by students) if outside email is used.
- Faculty response time will be up to 72 hours during the work week if a specific question is asked (most questions answered within 24 hours). If no questions is explicitly asked, a response may not be deemed necessary. Emails will not be checked on the weekends. An email sent on a Friday afternoon may not be responded to until the following Tuesday (or longer if there is a holiday). Please plan ahead accordingly.

Method of Evaluation/Grading

1) Grades for study guides, quizzes, exams and assignments can be anticipated within 2 weeks of the due date. Turning an assignment in early does not mean grading will be done early. Sometimes, a set of assignments will take longer to grade, especially if the assignment is heavy in text (study guides may fall into this category) and may take an additional week.

2) In regards to late submissions, they are not accepted. Make-up exams, missed assignments/study guides/quizzes are ONLY permitted if there is a UNIVERSITY EXCUSED ABSENCE AND <u>THERE IS DOCUMENTATION</u>. Being busy, over sleeping, taking an extra shift, or general issues are NOT university excused absences. Please do not ask for extensions based upon these issues. If a university excused absence is in place with documentation, the student has 1 (one) week to complete the activity. This is one week from the day of the due date, NOT a week from when the student returns to contacts the instructor. After 1 (one) week, no points will be awarded. Determination of a university excused absence is based upon being sick and having gone to a medical professional (who can provide documentation), university sporting event in which you are actively participating in (which documentation is required), death in the immediate family (grand parent, parent, sibling, child, aunt/uncle for which you can provide documentation), military deployment (which documentation can be provided for), or legal (such as a court date that documentation can be provided for). Moving or travel is NOT a university excused absence. In terms of attendance and/or participation points, please see section above.

The final grade for the semester will be <u>tentatively</u> (which means this can change) composed of the following:



Exams (5)	500 points		
Activities/Assignments (20)	198 poi	nts	
Quizzes (10)	50 points		
Total	748 points		
Grades	(%):	90-100	А
		80-89	В
		70-79	С
		60-69	D
		< 60	F

Lecture and lab for BIOL 221 are NOT combined. They are two unique courses. These limits are hereby preset and by continuing in the course, you recognize these limits and will abide by these limits. Please refrain from sending emails about submitting late work or "redoing" or "reopening" assignments/quizzes/study guides/exams in order to get extra points at the end of the semester. Those requests will be denied and may not warrant a response by the instructor.

Enrollment Verification

The U.S. Department of Education requires instructors of online courses to provide an activity which will validate student enrollment in this course. The only way to verify that a student has been in this course is if he or she takes an action in Blackboard, such as completing an assignment, responding to a forum, or a taking a quiz. Logging into Blackboard is **NOT** considered attendance. Please see the enrollment verification activity and complete it by the date indicated. If it is not complete your enrollment in this course will be at risk and you may be removed from the course. Enrollment verification tasks are identified in the Blackboard course shell.

Proctor Notification

This course does NOT use proctors as the instructor is the proctor. Students must record their computer screen, audio and themselves using the Tegrity program found in Blackboard. A working webcam is required and it will record the student, audio, visual, as well as the desktop of the computer. If an exam is taken without using Tegrity there will be an automatic zero given and <u>no make-up will be granted</u>.

Late Arrivals

The grading system for students adding this course after the first day of instruction will not be modified. The student will be graded on the activities that transpired from the beginning of the course. Students will be penalized for missed assignments and the student is still responsible for learning the course material that was covered during their initial absence.

Important Student Information

In the Blackboard course, you will find a document entitled, "Important Student Information," which includes information about:

- ✓ Academic Grievance Concerns and Instructor English Proficiency
- ✓ Starfish Student Success System
- ✓ Students with Documented Disabilities
- ✓ Academic Honesty
- ✓ Emergency Notification
- ✓ Continuity of Academic Instruction for a Pandemic or Emergency
- ✓ Family Educational Rights and Privacy Act of 1974 (FERPA)
- ✓ Diversity Statement

Additional Information: This classroom is a place where you will be treated with mutual respect, and the course instructor welcomes individuals of all ages, backgrounds, beliefs, ethnicities, genders, gender identities, gender expressions, national origins, religious affiliations, sexual orientations, ability – and other visible or nonvisible differences. All members of this class are expected to contribute to a respectful, welcoming and inclusive environment for every other member of the class. MSU is committed to providing a safe learning environment, free of harassment and discrimination as articulated in our university policies located on our website at http://www.mayvillestate.edu/about-msu/consumer-information/title-ix/. MSU's policies require me as a faculty member to share information about incidents of gender based discrimination and harassment with MSU's Title IX coordinator, regardless of whether the incidents are stated to me in person or shared by students as part of their coursework.

Starfish Statement:

This class will participate in Starfish Early Alert and Connect, which promotes student success through coordination and communication among students, instructors, advisors, and campus support service departments. If I observe that you are experiencing difficulties in the course (attendance concerns, low test scores or participation, in danger of failing, etc.), I may send an email to your mayvillestate.edu email account through the Starfish system. My message will tell you about my concerns and the next steps to take to resolve the issue. Your advisor, the Director of Student Success, and/or I will work with you to create success strategies to address any difficulties you are having. In addition, if I observe that you are doing well in my course, you may also receive "kudos" from me acknowledging your efforts.

Starfish may involve taking advantage of various campus support services, such as academic tutoring or advising. If I recommend that you use campus support services, I, your advisor, or the Director of Student Success will redirect you to that support office so they will be better prepared to assist you. Starfish provides essential notices by email, so please check your mayvillestate.edu account frequently and respond quickly if you receive an email from Starfish.

Please see the Starfish webpage for additional details: <u>https://mayvillestate.edu/academics/starfish/</u>.

Course Timeline/Schedule

TIMES FOR ALL DUE DATES ARE 5PM ON THE LAST DAY SPECIFIED FOR A TOPIC/UNIT. FOR INSTANCE, CHAPTER 11 STUDY GUIDE AND QUIZ ARE DUE AT 5PM CST ON August 31st. Exams are due by 5pm CST on dates listed below. Exams will be closed 2 days AFTER the due date for the materials covered on the exam or as specified on the schedule. For example, Exam 1 is due on or before September 11th, while chapter 12 is September 9th. Do NOT wait until the last minute to access/submit your materials. If you wait until the last minute and run into submission issues, you will be given credit for what is or is not submitted, even if there are technology issues. It is best to try finish the assignment at least 1 day before the due dates to ensure you do not have any issues. LATE WORK WILL NOT BE ACCEPTED. Because of the 2 week turnaround time, study guide assignments may not be graded before the exam due date, by continuing this course, you acknowledge and accept these conditions.

DUE DATE **Tentative Course Schedule**

- August 31st: Chapter 11 Activity 1 Activity 2 Study Guide for Chapter 11 Quiz for Chapter 11
- September 9th : Chapter 12 Activity 3 Activity 4 Study Guide for Chapter 12 Quiz for Chapter 12 Exam 1 (Chapters 11 & 12) Open September 11th
- September 19th: Chapter 13 Activity 5 Activity 6 Study Guide for Chapter 13 Quiz for Chapter 13
- September 29th: Chapter 14 Activity 7 Activity 8 Study Guide for Chapter 14 Quiz for Chapter 14 Exam 2 (Chapters 13 & 14) Open until October 1st
- October 9th: Chapter 15 Activity 9 Activity 10 Study Guide for Chapter 15 Quiz for Chapter 15

- October 19th: Chapter 16 Activity 11 Activity 12 Study Guide for Chapter 16 Quiz for Chapter 16 Exam 3 (Ch 15 & 16) Open until October 21st
- October 29th: Chapter 22 Activity 13 Activity 14 Study Guide for Chapter 22 Quiz for Chapter 22
- November 8th: Chapter 24 Activity 15 Activity 16 Study Guide for Chapter 24 Quiz for Chapter 24 Exam 4 (Chapters 22 & 24) Open until November 10th
- November 18th: Chapter 26 Activity 17 Activity 18 Study Guide for Chapter 26 Quiz for Chapter 26
- November 28th: Chapter 27*** Activity 19 Activity 20

Study guide for Chapter 27*** Quiz for Chapter 27***

***Semi Cumulative Exam 5 (Chapters 26, 27) Open until December 5th. This exam may contain information from previous chapters (not questions from previous exams).

The best way to work your way through this course is to follow this setup/line up for each unit:

- 1) Read the chapter
- 2) Watch the lecture video/fill out study guide and submit for bonus points before due date
- 3) Complete Activities using your required textbook
- 4) Make sure to take each chapter quiz and use your book
- 5) Do the above steps for each chapter in the unit.
- 6) Before the exam reread and rewatch lecture videos especially for difficult topics/concepts
- 7) Take the exam (with Tegrity recording you) in a quiet, distraction free space.