

Name: _____

Date: _____ **2025-2026 Catalog****B.S.Ed DEGREE: PHYSICAL EDUCATION MAJOR**

(86 credits)

Mayville State University:**College:****Pre Requisites:**

| | |
|--------------------------------|--|
| BIOL 111/111L or BIOL 150/150L | |
| BIOL 220 | |
| BIOL 220L | |
| COMM 110 | |
| ENGL 110 | |
| ENGL 120 or ENGL 125 | |
| GEOG 103 | |
| MATH 103 or MATH 104 | |
| PSYC 111 | |

CORE REQUIREMENTS: (42 Hours)

| Prefix/Num | Course Title | Sem Cr | Prefix/Num | Course Title | Sem Cr | Term | Grd | Hpts |
|-------------|----------------------------------|--------|------------|--------------|--------|------|-----|------|
| HPER 100 | Concepts of Fitness and Wellness | 2 | | | | | | |
| HPER 160 | Team Sports | 1 | | | | | | |
| HPER 200 | Technology in HPER | 1 | | | | | | |
| HPER 206 | Social/Folk Dance | 1 | | | | | | |
| HPER 207 | Prevention & Care Of Injuries | 3 | | | | | | |
| HPER 209 | Rhythms and Tumbling | 1 | | | | | | |
| HPER 210 | First Aid and CPR | 1 | | | | | | |
| HPER 217 | Personal & Community Health | 3 | | | | | | |
| HPER 219 | Lifeguard Training | 1 | | | | | | |
| HPER 222 | Nutrition | 3 | | | | | | |
| HPER 233 | Individual Fitness | 2 | | | | | | |
| HPER 310 | Found-Hist Health/PE/Sports | 2 | | | | | | |
| HPER 319 | Health & Phy Ed In Elem Schl | 2 | | | | | | |
| HPER 333 | Adapted Physical Education | 2 | | | | | | |
| HPER 350 | Motor Learning | 2 | | | | | | |
| HPER 370 | Fitness/Sports Teaching Tech. | 3 | | | | | | |
| HPER 402 | Exercise Physiology | 3 | | | | | | |
| HPER 415 | Eval of Psychomotor Performance | 3 | | | | | | |
| HPER 440 | Org & Admin Of Phy Ed/Athletic | 2 | | | | | | |
| HPER 441 | Applied Kinesiology | 3 | | | | | | |
| HPER 476S-B | Comp Review/Exam-Physical Educ | 1 | | | | | | |

Select (1 credit) from the following:

| | | | | | | | | |
|----------|-------------------------|---|--|--|--|--|--|--|
| HPER 130 | Spring Outdoor Pursuits | 1 | | | | | | |
| HPER 131 | Fall Outdoor Pursuits | 1 | | | | | | |

Select (2 credits) from the following:

| | | | | | | | | |
|----------|---------------------|---|--|--|--|--|--|--|
| HPER 120 | Racquet Sports | 1 | | | | | | |
| HPER 135 | Golf | 1 | | | | | | |
| HPER 153 | Recreational Sports | 1 | | | | | | |

TOTAL CR _____ **AVE** _____ **HPTS** _____ **GPA** _____ (2.75 min GPA)

PROFESSIONAL EDUCATION COURSES: (41 Hours)

| Prefix/Num | Course Title | Sem Cr | Prefix/Num | Course Title | Sem Cr | Term | Grd | Hpts |
|------------|---------------------------------|--------|------------|--------------|--------|------|-----|------|
| #EDUC 250 | Introduction To Education | 3 | | | | | | |
| EDUC 272 | Educational Technology | 2 | | | | | | |
| EDUC 290 | Theories of Learning & Mgmt | 2 | | | | | | |
| EDUC 380 | Tchg English Lang Learners | 2 | | | | | | |
| EDUC 381 | Human Relations/Cult Diversity | 2 | | | | | | |
| EDUC 390 | Special Needs in Inclusive Env | 3 | | | | | | |
| EDUC 400 | Student Teaching | 10 | | | | | | |
| EDUC 401 | Electrnc Portfolio/Assess/Semin | 2 | | | | | | |
| EDUC 401S | Pre-Student Teaching Seminars | 1 | | | | | | |
| EDUC 422 | Educational Assessment | 2 | | | | | | |
| EDUC 426 | Reading In The Content Area | 2 | | | | | | |
| EDUC 480 | General Methods Sec Educators | 3 | | | | | | |
| EDUC 480L | General Methods Field Exp | 1 | | | | | | |
| EDUC 482 | Sec Meth Health & Phys Educ | 3 | | | | | | |
| PSYC 255 | Child & Adolescent Psychology | 3 | | | | | | |

TOTAL CR _____ **AVE** _____ **HPTS** _____ **GPA** _____ (2.75 min GPA)

TEACHER EDUCATION REQUIREMENTS:

1. A MINIMUM GRADE OF "C or better" is required for all professional education and essential studies courses required for admission to the Teacher Education program (unless otherwise noted).
2. # A MINIMUM GRADE OF "B" is required for EDUC 250.
3. Students who have not been admitted to Teacher Education will not be permitted to enroll in Education coursework requiring admission: EDUC 390, EDUC 422, EDUC 482, EDUC 401s, EDUC 400, EDUC 401.
4. All methods courses, all professional education courses, and 75% of content coursework must be completed prior to student teaching.
5. K-12 certification requires student teaching at both elementary and secondary levels.