

MAYVILLE STATE UNIVERSITY

HPER 310 Foundations and History of Health, PE, and Sports

2 Semester Hours/Credits

Fall, 2018

Instructor Name and Contact Information: FH 136, Ashley.N.Nelson.2@mayvillestate.edu, 701-788-5202

Hours of Availability: Posted on Office Door or By Arrangement

Learning Management System (LMS) used for this Course: Blackboard Learn

Instruction Mode: on-campus face-to-face

Time Zone: All times indicated throughout this syllabus reflect Central Time (CT)

How to address your instructor:

Given my rank at MSU and my degree, I prefer to be called, "Ashley or Ms. Nelson".

Meeting Times and Location: Tuesday and Thursday, 9:00 – 9:50 am FH 113

Course Description

An introduction to physical education and athletics, as a profession, including a study of history and principles underlying the formation of programs within physical education and athletics. The relationship of physical education to general education is given special attention.

Pre-/Co-requisites: none.

Purpose of the Course

HPER 310 involves the student exploring the origins of PE and Sport. Classroom discussions allow the student to put into perspective, timelines of world events and the relationship to our contemporary PE and Sport programs. Philosophy is discussed so that the student can start to formulate their own philosophy of Sport and Physical Activity. The student will explore the career options available with their specific degree.

Conceptual Framework

Teacher education courses are based upon the Conceptual Framework: Reflective Experiential Teacher. See the document 'Conceptual Framework' provided in the course shell.

Course Objectives

The course activities, experiences, assignments, and sequence are intended to provide opportunities for class participants to accomplish the following:

- To identify, list & demonstrate Disposition & Professional Behaviors develop an awareness of the importance of becoming an active professional and learn to contribute to the growth of Physical Education, Exercise Science and Sport (PEEXSPT)

MaSU Syllabus Template 2018-2019

- Develop an understanding of the history of PEEXSPT and understand the continuing growth of physical education, exercise science, and sport fields.
- Demonstrate a knowledge base of the major dimensions of PEEXSPT
- Research the expansion of career opportunities in physical PEEXSPT

Program Student Learning Outcomes (SLOs) Addressed in This Course

The Academic Program Student Learning Outcomes document can be found in your course shell. It contains all learning outcomes pertaining to Essential Studies courses and all majors and minors. The document has an index so you can quickly find the degree you are pursuing.

Course Improvements Based on Most Recent Assessment Findings

The importance of completing and turning in all written assignments on time will be stressed. Using the writing center will be a class assignment.

Recommended Materials

Wuest, Deborah A., Fiset, Jennifer L., Foundations of Physical Education, Exercise Science, and Sport. 18th Edition, The McGraw-Hill Publishing Co. copyright 2015

Instructional Strategies

Active Learning – Brainstorming – Discussion Forums – Feedback – Presentations – Reflective Writing

Learning Experiences

Through the following teaching experiences and special projects you will get a great deal of hands on work with your professional training as a teacher and or professional.

1. Attend class, read all assignments prior to class, generally-be prepared for class.
2. Participate actively in cooperative learning activities and class discussion
3. Practice oral skills by preparing and presenting short classroom topics.
4. Develop time management skills.

Instructional Technologies Utilized in this Course

- Blackboard
- YouTube
- Google

Expectations/Protocols

1. Attend class, read all assignments prior to class, generally-be prepared for class.
2. Participate actively in cooperative learning activities and class discussion
3. Practice oral skills by preparing and presenting short classroom topics.
4. Develop time management skills.

Instructor/Student Communication

Students can email me at anytime during the semester via Ashley.N.Nelson.2@mayvillestate.edu. Office hours are posted on the door for “pop in” meeting times, otherwise the student may set up an arranged time with the instructor that fits best for both parties. Students should expect an email response within 24 hour window unless otherwise noted. Students need to check their email every day.

MaSU Syllabus Template 2018-2019

Students are accountable for all academic communications sent to their Mayville State University e-mail address.

Method of Evaluation/Grading

Grade turnaround time will be 48 hours unless informed otherwise.

A. Evaluation:

Final grades are determined on a point basis as follows:

Class participation/Daily Assignments---28 classes.....	300	A = 90-100%
Peer Teaching.....	50	B = 83-89%
Class Presentation.....	50	C = 75-82%
Tests/Quizzes.....	25	D = 65-74%
		F = Below 65%
		425 Total points

(Points are subject to change throughout the semester)

Enrollment Verification

The U.S. Department of Education requires instructors of online courses to provide an activity which will validate student enrollment in this course. The only way to verify that a student has been in this course is if he or she takes an action in the LMS, such as completing an assignment or a taking a quiz. Logging into the LMS is **NOT** considered attendance. Please see the enrollment verification activity and complete it by the date indicated. If it is not complete your enrollment in this course will be at risk.

Proctor Notification

No proctors are required for this course.

Late Arrivals

The grading system for students adding this course after the first day of instruction will be modified. The student will be graded only on the activities that transpired while the student is enrolled. Students will not be penalized for missed assignments but the student is still responsible for learning the course material that was covered during their initial absence.

Important Student Information

In the course shell, you will find a document entitled, "Important Student Information," which includes information about:

- ✓ Academic Grievance Concerns and Instructor English Proficiency
- ✓ Starfish - Student Success System
- ✓ Students with Documented Disabilities
- ✓ Academic Honesty
- ✓ Emergency Notification
- ✓ Continuity of Academic Instruction for a Pandemic or Emergency
- ✓ Family Educational Rights and Privacy Act of 1974 (FERPA)
- ✓ Diversity Statement

MaSU Syllabus Template 2018-2019

This class will participate in Starfish Early Alert and Connect, which promotes student success through coordination and communication among students, instructors, advisors, and campus support service departments. If I observe that you are experiencing difficulties in the course (attendance concerns, low test scores or participation, in danger of failing, etc.), I may send an email to your mayvillestate.edu email account through the Starfish system. My message will tell you about my concerns and the next steps to take to resolve the issue. Your advisor, the Director of Student Success, and/or I will work with you to create success strategies to address any difficulties you are having. In addition, if I observe that you are doing well in my course, you may also receive “kudos” from me acknowledging your efforts.

Starfish may involve taking advantage of various campus support services, such as academic tutoring or advising. If I recommend that you use campus support services, I, your advisor, or the Director of Student Success will redirect you to that support office so they will be better prepared to assist you. Starfish provides essential notices by email, so please check your mayvillestate.edu account frequently and respond quickly if you receive an email from Starfish.

Please see the Starfish webpage for additional details: <https://mayvillestate.edu/academics/starfish/>.