

Coaching Minor

This minor does not qualify a student to teach physical education. It is recommended that all physical education majors and minors complete the additional HPER courses required for this minor to qualify for a coaching certificate in those states that require such certification. The coaching minor will give the student a more comprehensive understanding of the many facets of coaching.



Core Requirements

(Pre-requisites: BIOL 111/111L or BIOL 150/150L, BIOL 220/220L and HPER 210)

HPER 207	Prevention & Care of Injuries	3 SH
HPER 222	Nutrition	3 SH
HPER 233	Individual Fitness	2 SH
HPER 321	Foundations & Method of Coaching	2 SH
HPER 360	Sport and Exercise Psychology	2 SH
	-OR-	
HPER 380	Sport Sociology	2 SH
HPER 402	Exercise Physiology	4 SH
HPER 440	Org. & Admin. Of Physical Ed	2 SH
HPER 441	Applied Kinesiology	3 SH
HPER 442	Field Experience and Practicum	2 SH
	-OR-	
HPER 485	Summer Camp Leadership	2 SH
Coaching Methods (Choose 4 credits from the following:)		
HPER 361	Football Coaching & Officiating	2 SH
HPER 362	Basketball Coaching & Officiating	2 SH
HPER 363	Track/Field Coaching & Officiating	2 SH
HPER 364	Baseball/Softball Coaching & Officiating	2 SH
HPER 365	Wrestling Coaching & Officiating	2 SH
HPER 366	Volleyball Coaching & Officiating	2 SH