



# Staff CometConnection

A monthly newsletter for Mayville State Staff  
Provided by MaSU Staff Senate

## SEPTEMBER 2019

### UPCOMING EVENTS:

#### SEPTEMBER 9-13

State Employee Recognition Week events (see details on page 2)

#### SEPTEMBER 13

President Van Horn's Inauguration

#### SEPTEMBER 14

Farmer's Bowl activities

#### SEPTEMBER 26

Staff Strategies training session on the Dakota Wellness program(see details on page 3)



### WHAT IS CometConnection?

CometConnection is a monthly newsletter for Mayville State staff to increase engagement and communication on our campus. This monthly newsletter will be composed by members of MSU Staff Senate and will include upcoming events, birthdays, new staff, Staff Strategies training sessions, and other campus information.

If you have suggestions of topics or events you would like to see in our monthly newsletter, please fill out our [Staff Senate Survey](#). Now, grab your coffee, sit back, and happy reading!

### WELCOME TO THE MAYVILLE STATE FAMILY:

Dalton Kleinschmidt - Resident Director

Jared Meiklejohn - Assistant Baseball Coach

Assistant Football Coaches:

Grant Hartmann, Jordan King, Adam Plageman

Child Development Program:

Lamiekia Mason, Kristi Robson, Jatoi Moore, Cassandra Linder

### SEPTEMBER BIRTHDAYS:

- |                                 |                                     |
|---------------------------------|-------------------------------------|
| 1 Andrew Pflipsen               | 13 Julie St. Germaine               |
| 5 Sarah Gasevic, Karen Peterson | 17 Brittany Ness, Shay Thorsgard    |
| 6 Veronika Pawlikowski          | 19 Beth Swenson                     |
| 7 Alissa Perkins, Ryan Hall     | 20 David Moeller                    |
| 9 Michelle Warren               | 28 Jeffrey Powell, Marissa Blaufuss |
| 11 Matt Piker, Sandra Knudson   | 29 Danielle Carr                    |
| 12 Misti Wuori, Ashley Polzin   |                                     |



Grab your Comet Pride Button from the Bookstore or the Business Office!

# STATE EMPLOYEE RECOGNITION WEEK 2019

MONDAY  
SEPTEMBER

9

## COMET KUDOS WALL OPENS | FISHBOWL

Stop by the Fishbowl to leave other staff and faculty members a note of kudos or appreciation. The wall will be open at 9am on Monday, September 9<sup>th</sup> and will remain open through 3pm on Friday, September 13<sup>th</sup>.

## ICE CREAM SOCIAL | 2:00-3:00PM | OM 103

Here's the scoop – State Employee Recognition Week is going to be sweet! Let's kick it off with an ice cream social sponsored by Mayville State Cabinet members.

TUESDAY  
SEPTEMBER

10

## FREE TACO LUNCH | 11:00AM-1:00PM | LUCKASEN

Staff and faculty are invited to enjoy lunch in Luckasen from 11:30am-1pm. Stop by and let's "taco 'bout how awesome Mayville State employees are!" Lunch is sponsored by Mayville State Cabinet members.

WEDNESDAY  
SEPTEMBER

11

## PUPPY YOGA & PLAY TIME | 3:30PM | LUCKASEN

Join us for some stress relief. Attend a yoga session and cuddle adoptable dogs from Turtle Mountain Animal Rescue. Limited to the first 50 staff and faculty members who provide a \$10 donation to TMAR.

Don't want to do yoga but want to meet the dogs? For a \$3 donation, you can skip yoga and get right to cuddling! For more information and to purchase your ticket, visit <https://ticketstripe.com/MSUpuppyyoga>

THURSDAY  
SEPTEMBER

12

## BINGO & APPS | 6:00PM | TOP HAT

Join your co-workers for a night out on the town while enjoying BINGO and drink specials courtesy of Top Hat. Appetizers start at 6pm and will be provided by members of Staff Senate. BINGO benefitting Mayville State Athletics starts at 7pm. You'll even get to practice your BINGO skills by playing COMET BINGO during the work day.

FRIDAY  
SEPTEMBER

13

## WEAR YOUR COMET PRIDE GEAR!

Wear your Comet gear today to get in true Farmer's Bowl spirit!

## PRESIDENTIAL INAUGURATION | 1:30PM | LEWY LEE

Join us in the Lewy Lee Fieldhouse at 1:30pm for the inauguration ceremony of Mayville State's 17<sup>th</sup> president, Dr. Brian Van Horn. Offices may be closed during this time. What an exciting time in the life of our university!

\*ALL EVENTS COORDINATED BY MASU STAFF SENATE EXCEPT THE PRESIDENTIAL INAUGURATION

# STAFF STRATEGIES: A TRAINING SERIES

One of MSU Staff Senate's objectives is to plan programs and activities that will provide personal and professional growth opportunities for staff.

In January, Staff Senate sent a survey to staff members to assess training needs and wants. This survey resulted in Staff Senate sponsoring a series of monthly training sessions titled *Staff Strategies*. There has been a session every month since March, each covering a different topic.



## SEPTEMBER'S SESSION: DAKOTA WELLNESS PROGRAM THURSDAY, SEPTEMBER 26<sup>TH</sup> 10:30AM IN HERITAGE

Sarah Gasevic will cover the recently updated and improved Dakota Wellness Program, including information on the \$250 health center reimbursement and points redemption.

[Dakota Wellness Program Guide](#)



## SUMMER STAFF STRATEGIES RECAP

**MAY:**

### MICROSOFT TEAMS

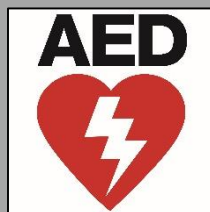


Matt Dalrymple taught us the benefits and "how-to's" of Teams. Watch the recording by clicking the following link:

[Microsoft Teams Training](#)

**JUNE:**

### AED TRAINING



Scott Parker presented basic CPR/AED training. Did you know there are four AEDs on campus?

1. Old Main (by the main stairs)
2. Field House (by the main entrance)
3. Wellness Center aerobics room
4. By the Bookstore

**JULY:**

### MSU WELLNESS CENTER



Lisa Rakowski and Naomi Harpestad gave staff a tour of the Wellness Center and held a Q/A about fitness classes and prices.

[Fitness Class Descriptions](#)

STAFF SENATE WELCOMES IDEAS AND QUESTIONS! TO SUBMIT A SUGGESTION, PLEASE FILL OUT THE [STAFF SENATE SURVEY](#).

