

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<div> <div>June 2017</div> <div>MSU WELLNESS CENTER GROUP FITNESS SCHEDULE</div> </div>				1 5:30am Cardio Tabata 6:15am Core Strength 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba in Gym	2 5:30am RIP Strength 6:15am RIP Strength 7:00am Core Strength	3
4	5 5:30am RIP Strength 6:15am RIP Strength 7:00am Yoga Flow 8:00am Cycle Xpress	6 5:30am Step 6:15am Cardio Tabata 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba in Gym	7 5:30am Boot Camp 6:15am Boot Camp 7:00am Yoga Flow 8:00am Cycle Xpress	8 5:30am Cardio Tabata 6:15am Core Strength 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba in Gym	9 5:30am RIP Strength 6:15am RIP Strength 7:00am Core Strength	10
11	12 5:30am RIP Strength 6:15am RIP Strength 7:00am Yoga Flow 8:00am Cycle Xpress	13 5:30am Step 6:15am Cardio Tabata 4:45pm Cycle Xpress 5:15pm Core Strength 5:15pm Zumba in Gym	14 5:30am Boot Camp 6:15am Boot Camp 7:00am Yoga Flow	15 5:30am Cardio Tabata 6:15am Core Strength 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba in Gym	16 5:30am RIP 6:15am RIP 7:00am Core Strength	17
18	19 5:30am RIP Strength 6:15am RIP Strength 7:00am Yoga Flow 8:00am Cycle Xpress	20 5:30am Step 6:15am Cardio Tabata 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba in Gym	21 5:30am Boot Camp 6:15am Boot Camp 7:00am Yoga Flow 8:00am Cycle Xpress	22 5:30am Cardio Tabata 6:15am Core Strength 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba in Gym	23 5:30am RIP Strength 6:15am RIP Strength 7:00am Core Strength	24
25	26 5:30am RIP Strength 6:15am RIP Strength	27 5:30am Step 6:15am Cardio Tabata 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba	28 5:30am Boot Camp 6:15am Boot Camp 7:00am Yoga Flow 8:00am Cycle Xpress	29 5:30am Cardio Tabata 6:15am Core Strength 4:45pm Cycle Xpress 5:15pm PiYo 5:15pm Zumba in Gym	30 5:30am RIP Strength 6:15am RIP Strength 7:00am Core Strength	