

MAYVILLE STATE UNIVERSITY

Physical Education

Bachelor of Science in Education



Personal Service

We pride ourselves on being just the right size to give students the time they need to be successful. Our average class size is 20, so you will have small, personalized class settings to receive the education you deserve. Your professors will introduce you to new ways of thinking, exploring issues creatively, and evaluating ideas as you engage in the world.

Opportunity

Whether it's music, athletics, or politics, students at MSU have the chance to participate in a variety of activities and clubs. These organizations are a great way to make new friends with similar interests, and the involvement outside the classroom looks great on a resume.

Some clubs and activities include:

- Theater
- Band & choir
- HPER Club
- Esports
- Science Club
- Comet Radio
- Student government
- Intramural sports
- Student Education Association

Success

Our students have a high rate of employment. We also have internship opportunities to give you real, hands-on learning experiences and make your resume stand out.

Value

The combination of MSU's affordability and its unique offerings make it a Best Regional College, as designated by the Princeton Review. This selection process is based on meeting criteria for academic excellence as well as results of surveys done by current MSU students.

The Program

This program will prepare you for a career in teaching and coaching. Mayville State is respected throughout the region for preparing quality teachers. With your major in physical education, you'll be eligible to seek K-12 certification, and you can tailor your coaching minor to emphasize the sports that interest you most.

Advantages

Lifelong Preparation. MSU education programs are designed to prepare you for lifelong success. You will learn about how children develop and how to use different teaching strategies, motivational techniques, and communication tools that will help to make you the teacher that you want to be.

Classroom Experience. You'll have an opportunity to make the most of your field experience and student teaching experience. Mayville State works with experienced and highly qualified cooperating teachers who will provide you with a positive learning environment and mentor your professional growth.

Variability. MSU's physical education major offers you the flexibility to choose from a variety of minors, including Developmental Adapted Physical Education (DAPE). Public schools across the country are searching for teachers who can work with special needs students, and The DAPE minor will provide you with the background and practical experience you will need to provide quality physical education experiences for students with special education needs.



1.800.437.4104

WWW.MAYVILLESTATE.EDU

Physical Education - B.S.Ed

Required credits to graduate with this degree: 144

This program, with its recommended minor in Coaching and/or certificate in Developmental Adapted Physical Education will prepare students for a career in teaching and coaching. Mayville State is respected throughout the region for preparing quality teachers. With a major in Physical Education students will be eligible to seek K-12 certification, and you can tailor your coaching minor to emphasize the sports that interest you most.

Physical Education majors must complete 36 hours of Essential Studies. The following Essential Studies courses require a minimum grade of "C": COMM 110, ENGL 110, ENGL 120 or ENGL 125, GEOG 103, MATH 103, and PSYC 111. Additional requirements to the major include (BIOL 111, BIOL 111L or BIOL 150, BIOL 150L), BIOL 220, BIOL 220L, HPER 100 and HPER 210. These courses are pre-requisite courses to this major.

Core Requirements:

HPER 160	Team Sports	1 SH
HPER 200	Technology in HPER	1 SH
HPER 206	Social/Folk Dance	1 SH
HPER 207	Prevention & Care of Injuries	3 SH
HPER 209	Rhythms and Tumbling	1 SH
HPER 217	Personal & Community Health	2 SH
HPER 219	Lifeguard Training	1 SH
HPER 222	Nutrition	3 SH
HPER 233	Individual Fitness	2 SH
HPER 310	Found. & History of PE/Sports	2 SH
HPER 319	Health & PE in the Elem. School	2 SH
HPER 332	Comp. Health Ed. For K-12	3 SH
HPER 333	Adapted Physical Education	2 SH
HPER 340	Mod. Issues/Materials in Health	3 SH
HPER 350	Motor Learning	2 SH
HPER 370	Fitness/Sports Teaching Tech	3 SH
HPER 402	Exercise Physiology	4 SH
HPER 440	Organization & Admin. of PE	2 SH
HPER 441	Applied Kinesiology	3 SH
HPER 476S-B	Comprehensive Review/Exam	1 SH
PSYC 450	Health Psychology	3 SH

Select one credit from the following:

HPER 130	Spring Outdoor Pursuits	1 SH
HPER 131	Fall Outdoor Pursuits	1 SH

Select two credits from the following:

HPER 120	Racquet Sports	1 SH
HPER 135	Golf	1 SH
HPER 153	Recreational Sports	1 SH

Total 45 SH

+ Secondary Education Core 42 SH

Students seeking K-12 certification in Physical Education Must Complete:

HPER 319	Health & Phys Ed in the Elem	2 SH
EDUC 400A	Student Teaching at Elem. level	5 SH

Coaching (Minor)

Required credits to graduate with this minor: 27

Core Requirements:

HPER 207	Prevention & Care of Injuries	3 SH
HPER 222	Nutrition	3 SH
HPER 233	Individual Fitness	2 SH
HPER 321	Foundations/Methods Coaching	2 SH
HPER 305	Sports Ethics	3 SH
or		
HPER 360	Sports & Exercise Psychology	2 SH
or		
HPER 380	Sport Sociology	2 SH
HPER 402	Exercise Physiology	4 SH
HPER 440	Org. & Admin. of P.E. & Athletics	2 SH
HPER 441	Applied Kinesiology	3 SH
HPER 442	Field Experience and Practicum	2 SH
or		
HPER 485	Summer Camp Leadership	2 SH

Coaching Methods - Choose 4 credits from:

HPER 361	Football Coaching & Officiating	2 SH
HPER 362	Basketball Coaching & Officiating	2 SH
HPER 363	Track & Field Coaching & Officiating	2 SH
HPER 364	Baseball/Softball Coaching & Officiating	2 SH
HPER 365	Wrestling Coaching & Officiating	2 SH
HPER 366	Volleyball Coaching & Officiating	2 SH

Total 27 SH

Developmental Adapted Physical Education Certificate

Required credits to graduate with this certificate: 10

SPED 237	Special Needs in Early Child Ed	3 SH
SPED 389	Foundations of Special Ed	3 SH
HPER 333	Adapted Physical Education	2 SH
HPER 444	DAPE Practicum (Prek-12)	2 SH

Total 10 SH

