# MAYVILLE STATE UNIVERSITY

Health Education *Minor* 



#### Contact

Remington Herman Academic Advisor

Phone: 701-788-5253 | Text: 701-401-1690

remington.werner@mayvillestate.edu

### **Core Requirements**

HPER 217	Personal & Community Health	2 SH
HPER 222	Nutrition	3 SH
HPER 233	Individual Fitness	1 SH
HPER 310	Found/History of Health/PE/Sports	2 SH
HPER 332	Comprehensive Health Ed. for K-12	3 SH
HPER 340	Modern Issues & Materials in Health	3 SH
HPER 402	Exercise Physiology	4 SH
HPER 450	Health Psychology	3 SH

## Choose one of the following courses:

SOC 335	Marriage and the Family	3 SH
SOC 355	Drugs and Society	3 SH

## Teacher Certification candidates must also complete:

EDUC 398	Secondary Education Field Experience	1 SH
EDUC 426	Reading in the Content Area	2 SH
EDUC 482	Secondary Methods for Health and PE	2 SH



